



EVERYDAY EATS - COMMODITY SUPPLEMENTAL FOOD PROGRAM (CSFP)

Senior Food Boxes

The Commodity Supplemental Food Program (CSFP) works to improve your health, as a senior at least 60 years of age, by supplementing your diet with nutritious USDA foods.

CSFP food boxes are distributed monthly, by local agencies, and contain 9-10 staple food items such as cheese, rice, milk, canned fruits, canned vegetables and peanut butter. **There is no cost to you!**

If you are eligible to receive CSFP, you are automatically eligible to receive The Emergency Food Assistance Program (TEFAP).

YOU MUST BRING:

1. Proof of residency (ex. Drivers' license, rental agreement, utility bill etc.),
2. Proof of your age (60 or older), and
3. Must not be receiving a CSFP box at another location; transfers can happen.

You must have a combined gross income which does not exceed the maximum income limit for the applicable household size below for 2025:

Household size	Gross monthly income
1	\$1,957
2	\$2,644
3	\$3,332
4	\$4,019
5	\$4,707
Each additional member, add \$688	

For more information call or email the Regional Programs Team at
Care and Share Food Bank
(719) 528-1247 or Agencies@careandshare.org



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**Where:
Address**

When:

For more information call: Agency Phone Number (If available)

WHAT DO YOU NEED TO BRING?

- Proof of residency
 - Drivers' license, rental agreement, utility bill, etc.
- Proof of your age (60 or older)
 - Drivers' license, State ID, Birth Certificate, Passport, etc.

***You must have a combined gross income which does not exceed the maximum income limit for the applicable household size.**