



# EVERYDAY EATS - COMMODITY SUPPLEMENTAL FOOD PROGRAM (CSFP)

## *Senior Food Boxes*

The Commodity Supplemental Food Program (CSFP) works to improve your health, as a senior at least 60 years of age, by supplementing your diet with nutritious USDA foods.

CSFP food boxes are distributed monthly, by local agencies, and contain 9-10 staple food items such as cheese, rice, milk, canned fruits, canned vegetables and peanut butter. **There is no cost to you!**

If you are eligible to receive CSFP, you are automatically eligible to receive The Emergency Food Assistance Program (TEFAP).

**YOU MUST BRING:**

1. Proof of residency (ex. Drivers' license, rental agreement, utility bill etc.),
2. Proof of your age (60 or older), and
3. Must not be receiving a CSFP box at another location; transfers can happen.

**You must have a combined gross income which does not exceed the maximum income limit for the applicable household size below for 2024:**

2024 Income Eligibility Guidelines		
Household Size	Monthly Household Income	Annual Household Income
1	\$1,632	\$19,578
2	\$2,215	\$26,572
3	\$2,798	\$33,566
4	\$3,380	\$40,560
5	\$3,963	\$47,554
For Each Additional Family Member, Add	\$583	\$6,984

**For more information call or email the Regional Programs Team at**  
 Care and Share Food Bank  
 (719) 528-1247 or [Agencies@careandshare.org](mailto:Agencies@careandshare.org)



A member of  
**FEEDING AMERICA**

## **EVERYDAY EATS - COMMODITY SUPPLEMENTAL FOOD PROGRAM (CSFP)**

*Senior Food Boxes*

**There is no cost to you!**



**Where:  
Address**

**When:**

**For more information call: Agency Phone Number (If available)**

### **WHAT DO YOU NEED TO BRING?**

- Proof of residency
  - Drivers' license, rental agreement, utility bill, etc.
- Proof of your age (60 or older)
  - Drivers' license, State ID, Birth Certificate, Passport, etc.

**\*You must have a combined gross income which does not exceed the maximum income limit for the applicable household size.**