



The Emergency Food Assistance Program (TEFAP) *USDA Commodity Foods*



The Emergency Food Assistance Program (TEFAP) is a Federal program administered through the United States Department of Agriculture (USDA) that helps supplement the diets of low-income Americans, including elderly people, by providing them with emergency food and nutrition assistance at no cost.

Where:

TEFAP Agency Name:

Address:

When:

Hours of Operation for TEFAP distribution

WHAT DO YOU NEED TO BRING?

- Proof of residency
 - Drivers' license, rental agreement, utility bill, etc.
- Proof of your age (60 or older)
 - Drivers' license, State ID, Birth Certificate, Passport, etc.

***You must have a combined gross income which does not exceed the maximum income limit for the applicable household size**

WHAT KINDS OF FOOD WILL I RECEIVE?

Items will vary but TEFAP foods generally include staple items such as milk, cereal, canned and frozen fruits and vegetables, dried beans, peanut butter, pasta and chicken.



HOW OFTEN CAN I GET TEFAP?

During the COVID-19 pandemic clients are not restricted on how often they can receive TEFAP

How do I qualify?

You may meet TEFAP income-based standards in either of the following two ways:

1. Participate in one of these public assistance programs:

- Commodity Supplemental Food Program (CSFP)
- SNAP (formerly Food Stamps)
- Low-income Energy Assistance Program (LEAP)
- Temporary Assistance to Needy Families (TANF)
- Old Age Pension (OAP)
- Aid to Needy Disabled (AND)
- Aid to the Blind (AB)
- Supplemental Security Income (SSI)
- Medicaid Eligible Foster Children

2. If you are not participating in any of the above public assistance programs, you must have a combined gross income which does not exceed the maximum income limit for the applicable household size.

2022 Income Eligibility Guidelines

Household Size	Maximum Weekly Household Income	Maximum Monthly Household Income	Maximum Annual Household Income
1	\$522.69	\$ 2,265.00	\$ 27,180.00
2	\$704.23	\$ 3,051.67	\$ 36,620.00
3	\$885.77	\$ 3,838.33	\$ 46,060.00
4	\$1,067.31	\$ 4,625.00	\$ 55,500.00
5	\$1,248.85	\$ 5,411.67	\$ 64,940.00
6	\$1,430.38	\$ 6,198.33	\$ 74,380.00
7	\$1,611.92	\$ 6,985.00	\$ 83,820.00
8	\$1,793.46	\$ 7,771.67	\$ 93,260.00
For each additional family member, add	\$181.54	\$ 786.67	\$ 9,440.00

For more information call or email the Programs Team at
Care and Share Food Bank
(719) 434-4683 or Agencies@careandshare.org

