

How we work

Today, 1 in 7 people faces hunger in Southern Colorado.

At Care and Share Food Bank, we believe no one should go hungry. That's why we're doing our part—with your help—to end hunger for good.



IT ALL BEGINS WITH YOU

Our generous donors give a little—or a lot—to help us secure healthy, nutritious food for our neighbors in need.

A little goes a long way: \$1 = 6 meals.

At Care and Share, we gather, sort, and distribute the food.



GATHER

We receive donated or low cost food from suppliers, community partners, and federal nutrition programs.

85% of the food we distribute is classified as highly nutritious.

SORT

Our dedicated staff and volunteers sort and organize the food we receive.

More than 5,500 volunteers help further our mission each year through their gift of time.

DISTRIBUTE

Care and Share supplies the sorted food to our 282 partner food pantries and meal programs across 31 counties.

Our Mobile Food Pantries, Mobile Markets, and our Sunny Side Markets fill gaps where food resources are scarce.

Our neighbors receive the food they need to thrive.

Together, we distribute nutritious food to more than 82,000 families each year.



Last year, you helped us in the fight to end hunger



18 MILLION
meals provided



22 MILLION POUNDS
of food distributed



220,755
nourished neighbors