



CYNDI'S STORY

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INSIDE, PG. 3

SHARING THE HARVEST

Thank YOU for ensuring our neighbors in need have access to the food they need to thrive.

'Tis the Season to Give - and Give Back!

Looking for great ways to fight hunger this holiday season? We have plenty! You can make a generous gift, host a food drive, sponsor a virtual food drive, launch an online fundraiser, or participate in one of our special holiday events!

Harvest of Love



**TAKE A
TURKEY TO
WORK DAY**

HARVEST OF LOVE is back and is a great way to get your kids involved in the holiday spirit of giving. In addition to our school drives from November 1st through the 16th, you're invited to join KKTV 11 News and Security Federal Credit Union on **Saturday, November 3rd**, from 12 p.m. to 4 p.m. at all area King Soopers locations in Colorado Springs, Monument, and Pueblo, to collect food for our neighbors in need. Thanks to Hertz for being our transportation partner for the food drive.

TAKE A TURKEY TO WORK DAY is almost here, so start rallying your colleagues at work and plan your frozen turkey collection for **Friday, November 16th**. Deliver your frozen turkeys to the nearest participating King Soopers any time from 6 a.m. until 6 p.m.! Addresses listed below. Be sure to change your radio dial to any of the following stations: 95.1 Nash FM, 92.9 Peak FM, 98.9 Magic FM, 98.1 KKFM, 740 KVOR, and XTra Sports 1300 to hear updates throughout the day as well as our Facebook page. Thanks to CenturyLink for being our transportation partner for the event.

North: 9225 N Union Blvd. 80920
East: 7915 Constitution Ave. 80951
South: 815 Cheyenne Meadows Rd. 80906
West: 3520 Centennial Blvd. 80907
Pueblo: 102 W. 29th St. 81008



EMPTY STOCKING FUND helps local health and human service agencies in the Pikes Peak region serve families in crisis and assist others in attaining self-sufficiency. Care and Share is proud to be a recipient agency. The 35th annual campaign begins **Thursday, November 22**. Learn how you can help at: fillanemptystocking.org/recipient-agencies/



COLORADO GIVES DAY is **Tuesday, December 4**. Join this statewide effort to help thousands of neighbors in need. Your gift will go even further because a portion of donations are matched by a \$1 million Incentive Fund! Schedule your gift anytime between November 1 and November 4 at: coloradogives.org/careandshare/overview/



Host a Holiday **CARE DRIVE**. It's an easy way to give back this holiday season. It's simple — collect food, raise money, and bring your items to the food bank at the end of the drive. Learn more about our virtual food drives by going to careandshare.org/getinvolved

Your support in any one of these efforts will take a hard decision off someone's plate. A few meals for a family in need might be what it takes to keep the lights on or receive important medical care. So this year, let's get food to those in need and eliminate some tough choices.



Food Bank Stories: *Cyndi*

Cyndi and her husband are loving parents to five boys. When they moved to Colorado a few years ago, she was excited for the new adventure. “We thought we had everything planned out,” Cyndi said. “You know, all the I’s dotted and T’s crossed ... money saved up for all the expenses, or so we thought.” She says little things came up, here and there, and with raising five boys, they quickly added up. “We looked at our incomes — what we brought in together and all the money that was going out — and it just wasn’t working.”

As full-time working parents, they were able to get their bills paid, and their rent in, but sometimes, that was it. “To be honest, there were a lot of times when we didn’t have enough food. I remember when I brought home a pound of ground beef and buns. We could only afford it because the price had been reduced. My two oldest sons had to share one hamburger, and my three youngest had to do the same,” Cyndi told us. “My kids didn’t complain, but I could see the sadness on their faces. This broke my heart to pieces. I felt as a mom, no matter how hard I tried, I wasn’t good enough because I couldn’t provide for them what they needed.”

Cyndi knew something had to change. She reached out for assistance, and through that, learned about Care and Share Food Bank. “My family and I were able to go to a food pantry that receives food from Care and Share and pick up items that together created full meals.” Cyndi shared one memory she’ll never forget. “It was the first year we moved here, and the holidays were right around the corner. I dreaded Thanksgiving and Christmas so much because I worried about whether I would be able to provide everything — the food and the gifts. I kept imagining my kids going back to school and being asked by their friends, ‘what was your Thanksgiving like? What did you have?’ And I knew they wouldn’t have an answer.” But when Cyndi went to the food pantry a week before Thanksgiving. She was amazed. They received a holiday food basket, complete with a Care and Share turkey. “I was so overjoyed and delighted. I didn’t feel like I had failed my family after all, and I just broke down in tears.” Cyndi says the kindness and generosity she and her family have received from the community has been life-changing. “I know what the

heavy weight of worrying about how you are going to feed your children feels like. But I also know what it’s like to have that weight lifted from you. It’s incredible.”



The Broeckelman's



We are truly grateful for donors like Greg and Jane Broeckelman. They are actively involved in the Colorado Springs community and are always thinking about ways they can give back now and later. One way they are making a difference now is by donating the required minimum distribution from their IRAs. They will be making a difference later by including Care and Share as a beneficiary in their wills, and in doing so, joining Care and Share’s Heirloom Society.

Heirloom Society

The Heirloom Society recognizes individuals who make planned gifts to provide Care and Share with the resources for the future and give us the confidence to move forward in the fight against hunger.

Including a charitable bequest to Care and Share in a will or living trust will help ensure that we can continue our mission for years to come.

Why did they choose Care and Share as an organization to support? “We believe that no one should go hungry. Care and Share does a lot of good in not only this community, but in all of Southern Colorado. We believe that the Good Lord will take care of you if you take care of your fellow men and women.”

In the Kitchen with Care and Share

Join us for our newest series! Gather in our community kitchen and learn how to create delicious meals and recipes from scratch!

Egg Rolls

Tuesday, December 4th | 6:00 p.m. - 8:30 p.m.
Saturday, December 8th, 2018 | 9:30 a.m. - 12:00 p.m.

Soup Stock

Tuesday, March 5th | 6:00 p.m. - 8:30 p.m.
Saturday, March 9th, 2019 | 9:30 a.m. - 12:00 p.m.

Cheese

Tuesday, June 4th | 6:00 p.m. - 8:30 p.m.
Saturday, June 8th | 9:30 a.m. - 12:00 p.m.

Tickets available online at careandshare.org/events



THANKS TO OUR Meal Makers

We'd like to thank this quarter's Meal Makers — Foundations, Corporations, and Organizations that rally around our work — for their essential role in helping us provide thousands of meals to our neighbors in need.

CA, Inc.
Caliber Collision Centers Foundation
Carrier Transicold through Feeding America
CenturyLink Clarke M. Williams Foundation
Delta Dental of Colorado — Disaster Relief
El Pomar Foundation
El Pomar Foundation — Disaster Relief
Pueblo City Schools
Sally Brown McInness and John McInness Charitable Trust
Spectrum AMT
USAA-Disaster Relief
Walmart Foundation

For more information about donating to Care and Share Food Bank, contact Shannon Brice, Chief Development Officer, at 719-434-4682 or at shannon@careandshare.org.

DONOR OPEN HOUSE:

Please join us for a Holiday Open House!

We invite you and your guests to join us for some holiday cheer, to toast accomplishments you've made possible, and to celebrate the coming New Year! Light refreshments and Hors d'oeuvres served.

Pueblo

Thursday, November 15th | 5:00 p.m.-7:00 p.m.
100 Greenhorn Drive, Pueblo, CO 81004
RSVP by November 9th to mindy@careandshare.org or call 719-434-5721

Please consider bringing a frozen turkey with you, just in time for the Thanksgiving holiday.

**Held in conjunction with The Greater Pueblo Chamber of Commerce Business After Hours networking event.*

Colorado Springs

Thursday, December 6th | 11 a.m.-6 p.m.
2605 Preamble Point, Colorado Springs, CO 80915
RSVP to mindy@careandshare.org or call 719-434-5721

CONTACT US

Colorado Springs

2605 Preamble Point
Colorado Springs, CO 80915
Phone: 719-528-1247
Hours: Mon-Fri, 8am to 5pm

Pueblo

100 Greenhorn Drive
Pueblo, CO 81004
Phone: 719-296-6995
Hours: Mon-Fri, 9am to 3pm



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To learn more or to make a donation to Care and Share Food Bank, visit careandshare.org.