



FEEDING

Stamp Out Hunger Food Drive is Back!

🔽 Read inside about how you can help raise 85,000 meals.

THE

Thank YOU for ensuring our neighbors in need have access to the food they need to thrive.

You're a lifeline to deserving neighbors like Ron



Ron understands what it feels like to struggle. He and his wife inherited three grandchildren to take care of. He wondered what he was going to do. Ron said his limited budget made it difficult to provide enough food for his multi-generational family, which also included his parents.

But Ron was able to come up with a plan. He said he began visiting the local food pantry located at The Grainery Ministries. Every other week he received bread, fresh potatoes, canned soup, and other staples he could put in the cupboard. It allowed him to stretch his grocery budget for the family of seven living under one roof. He and his wife also built a garden, and learned how to freeze and can fruits and vegetables.

The Grainery Ministries is one of Care and Share's partner agencies. Because of your support, we're able to provide many of the food items that Ron takes home to his family. For Ron, life simply amounts to people helping people. "[It's about] caring and sharing," Ron explained. "Fill a little bit of a gap, and make people feel like today is not going to be quite that much of a struggle."

You can be a part of the solution and Stamp Out Hunger on Saturday, May 12th!

The largest single-day food drive is back and we need your help once again! Last year, **you helped us provide more than 60,000 meals** through Stamp Out Hunger, which is incredible! But this time around, we are reaching even higher — **hoping to raise 85,000 meals**. How can you help? It's simple! Take a sturdy bag of nonperishable food, like canned vegetables or peanut butter, to your mailbox the morning of Saturday, May 12th. Then, a letter carrier will collect the donations and deliver them to Care and Share. With help from our letter carriers, and of course, **YOU**, we know we can Stamp Out Hunger across Southern Colorado.

Make your personally meaningful gift online, right now at **www.careandshare.org/stampouthunger**.



Melissa is Giving Thanks



While the summer means vacations, pools, and fun for many of us, it can be a difficult time for those struggling with hunger. Through our Summer Mobile Food Pantries, we can distribute much-needed food for kids, families, seniors, and individuals like Melissa. Melissa remembers the first time she visited one of our Summer Mobile Food Pantries. She couldn't believe how much fresh produce she was able to bring home! "There's bread and veggies coming out of your ears!" she exclaimed. "A few times, we got some canned chicken or tuna."

The 60-year-old's disabilities make earning a steady income difficult. Melissa says she receives about \$70 each month for groceries through the Supplemental Nutrition Assistance Program, also known as SNAP, but it's not always enough to provide all of the food she needs to make it through an entire month.

With no family living nearby, Melissa's caregivers are her main support system. Even with their help, she's still often faced with tough choices: **"Last year my car completely died. I had to sacrifice a lot to get a new one. I needed a car to be able to get to and from doctors. Do I pay for the car, pay for the electric, or get food?"** she asked herself. **"It's very hard."**

Your support provides more than food, it provides hope for Melissa and thousands of others. **"It's** really nice to know that there are people helping and supporting you when things are rough."

To learn more about our summer food programs, please visit **careandshare.org/summerfood**.



Did you know that Sprouts is one of our local food partners? They have been committed to donating fresh produce and food items to Care and Share for several years, and we couldn't be more grateful. Through their generosity, they've helped us provide **nearly 224,000 meals** to our neighbors in need.

Recognizing the need for help, the Sprouts team is enthusiastic about community involvement. "Hunger is a problem worldwide and it's important to us to make sure that we're helping the people within our own communities to really improve our own areas," says Sprouts Manager, Jason Baldwin. "It feels great to help any community that you live in."

Thank you, Sprouts, for helping us fight hunger in Southern Colorado! We are always looking for more corporate food partners. If you are interested in learning more, our Corporate and Foundation Relations Director would love to talk to you. Contact Mandy Strider at mandy@careandshare.org.









Join our sustaining donor society! Hunger is a year-round challenge for our neighbors in need. Donations from members of Feed Our Neighbors Circle help us provide access to nutritious food in Southern Colorado through their committed support. Payments can be set up through our website and automatically withdrawn from your bank. Just \$10 a month can provide 80 meals. Visit careandshare.org/donate.

CONTACT US

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Pueblo

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To learn more or to make a donation to Care and Share Food Bank, visit careandshare.org.



THANKS TO OUR GRANT MAKERS

The support of our grant makers is vital to the work that we do. We would like to thank the following grant makers, who help us feed thousands of our neighbors in need every day. Thank you for your trust and generosity.

November

Joseph Henry Edmondson Foundation Red Nose Day Fund William and Betty Osborne Trust Fund

December

Employees Community Fund of Boeing The Emergency Food and Shelter Program T. Rowe Price Foundation USAA Virginia W. Hill Foundation Walmart Foundation/Walmart's State Giving Program

January

Carl W. and Carrie Mae Joslyn Charitable Trust Creel-Harison Foundation Hayes Family Foundation Hunger Is, thanks to The Albertsons Companies Foundation and Entertainment Industry Foundation Jennie & Albert Gersick Foundation Russell Grinnell Memorial Trust

For more information about donating to Care and Share Food Bank, contact Shannon Brice, Chief Development Officer, at 719-434-4682 or at shannon@careandshare.org.

Take a Behind-the-Scenes Tour

There is always something fun happening around our distribution centers in Colorado Springs and Pueblo. As an important stakeholder in our work, we'd love to show you around. Please contact Shannon Brice, Chief Development Officer at shannon@careandshare.org to schedule a behindthe-scenes tour to learn more about our fight against hunger in Southern Colorado.