

SHARING THE HARVEST

Myra

Myra's life in the rural town of Dove Creek has been tough. Throughout her life she's completed the coursework to become a dental hygienist, a medical transcriptionist, and an Emergency Medical Technician. Now, she teaches kids age 8 and up about filmmaking, while doing everything she can to improve her students' lives. **Sometimes that means giving them some of her own food.** Food that she cannot always afford.

Although Myra works part-time, just like so many others, she does not have enough to buy the healthy food she needs for her restricted diet. There are few places to buy groceries in Dove Creek, and fresh produce is very expensive. **To help stretch her budget, Myra regularly visits a Care and Share food pantry where she gets the food that meets her needs.** She says she is truly grateful for all of the nutritious food Care and Share provides for her and her neighbors.



"I am truly grateful for all of the nutritious food Care and Share provides for me and my neighbors"

—MYRA

Donor Story: PAULA TOWNSEND

Paula Townsend has been a generous supporter of Care and Share Food Bank for years. She said it began when her kids were in school, and they would participate in some of Care and Share's popular annual food drives, like Harvest of Love and Stamp Out Hunger. Once her kids graduated, she still wanted to invest in Care and Share's hunger relief work, so she became a member of Feed Our Neighbors Circle.

Care and Share's Feed Our Neighbors Circle is a group of loyal supporters who make a year-round commitment. All Paula had to do to become a member was commit to making a monthly or quarterly gift.

Paula believes no child should ever have to go hungry. She says she loves giving to Care and Share because it is part of the community where she lives, where her kids grew up, and where her grandkids are now being raised.



Feed Our Neighbors Circle

Please consider joining the **Feed Our Neighbors Circle**. Giving monthly or quarterly is easy. Your gift of any amount will help Care and Share provide vital programs every day of the year. You decide the amount and we help you set up the payment through a credit card or bank. A monthly gift of just \$50 will provide one child with an entire school year's worth of Send Hunger Packing back packs full of nutritious food. Next step: rest easy knowing you are making a difference for those in need.



CARE AND SHARE'S HEIRLOOM SOCIETY - LEAVE A LEGACY

Care and Share is excited to announce our new Heirloom Society to exclusively recognize Care and Share donors who have included us in their will and/or estate planning.

Help Feed Our Neighbors **Now and Later**

Often, the most rewarding strategy for supporting your belief that no one should go hungry is through a gift now and a gift later (such as a bequest by will). Including Care and Share in your estate planning can produce an ideal mix of retirement income, tax benefits, and recognition of your generosity.

A bequest is a promise, written into your will or living trust, to give a portion of your estate upon your death. You may change your bequest at any time. By making your intent known to Care and Share, we can plan for the future and recognize your generosity in your lifetime through membership in our Heirloom Society.

If you would like more information about bequests, or if you would like to talk about other options for including Care and Share in your estate plan, please contact Jaime McMullen Garcia at 719-434-4672 or jaime@careandshare.org.

THANKS TO OUR GRANT MAKERS

The support of our grant makers is vital to the work that we do. We would like to thank the following grant makers, who help us feed thousands of our neighbors in need every day. Thank you for your trust and generosity.

August

Colorado Springs Airport
Northrop Grumman
The Emergency Food and
Shelter Program
Walmart Foundation

September

LexisNexis
Sprouts Healthy
Communities Foundation
Colorado Department of
Human Services

October

Joseph Henry Edmondson
Foundation
Red Nose Day Fund
William and Betty Osborne
Trust Fund



Recipe for Hope

MARCH 15, 2018 | 12 NOON

THE BROADMOOR HOTEL, BROADMOOR HALL
Doors open at 11:30 a.m.

PLEASE JOIN US FOR
POWERFUL STORIES OF HOPE.

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At just 12-years-old, Jorge and his younger brother express gratitude for the fresh food they're able to get at a Mobile Food Pantry. "It helps us save money for things like... water and light."

-Jorge

At Care and Share Food Bank, we believe that no one should go hungry. Every day, we provide food to our partner agencies across Southern Colorado to serve families, children and seniors in need because well-fed communities are safer, more stable, and more vibrant for us all.

Gather seven friends, family members, and/or coworkers. Serve as their honored table host at this **FREE** event. To learn more or to reserve your table, please call or email Shannon Brice: 719-434-4682 or shannon@careandshare.org.



Volunteer/Partnership Highlight:

The first time he volunteered at Care and Share's Mobile Food Pantry at Peak Vista Health Center in Fountain, Don Smith said he was "impressed by the number of people who came out and needed help, and by the amount of food that was donated."

Don and several of his FedEx coworkers generously spend one Friday morning each month helping Care and Share distribute fresh produce and staple pantry items to our neighbors in need in the Fountain area. FedEx allows their employees to take time out of the work day to give back to their communities. Last year, Don's team volunteered for more than 200 hours and helped serve hundreds of families struggling with hunger.



"At FedEx we are trying to connect people and possibilities, and this is one of the ways we do it," Don said. He says starting out his work day once a month by giving back to his community is a rewarding experience. "We take things for granted...[this is] a chance to see things from a different angle."



Don and his coworkers recognize the importance of contributing to a community that helps support their company and the work they do. "I really appreciate

Care and Share...and I appreciate FedEx for making it possible to do this."

For more information about volunteering, please contact Eric Pizana, Volunteer Services and Community Outreach Director at 719-434-4677 or eric@careandshare.org

CONTACT US

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To learn more or to make a donation to Care and Share Food Bank, visit careandshare.org.

