

# SHARING THE HARVEST

## Care and Compassion:

### Your Generosity Means More Than Just Healthy Meals for Colorado Springs Couple

**IT'S HARD TO KNOW** which Roxanne has more of: problems or courage. In the last 12 years, she has dealt with many hardships. While working in the medical field in 2004, Roxanne injured her neck and back. She struggled to keep working. When she got hurt again in 2013, she had to quit completely.

Roxanne tried to get disability benefits, but she says the government stalled and denied her applications. She once waited on hold for more than two hours to speak with someone. When her utilities were shut off and she didn't have enough to eat, Roxanne began to feel hopeless and became depressed.

In late 2014, she met Richard. They've been "best friends and together" ever since. Richard brought Roxanne to Westside Cares, a Care and Share partner agency providing food, financial and medical help, referrals, and other support to homeless and the working poor.

While she was at Westside Cares, Roxanne spoke with Elizabeth, Care and Share's SNAP Analyst. Elizabeth helps clients receive the food assistance through the Supplemental Nutrition Assistance Program (SNAP, formerly known as food stamps).



Your gift serves up a generous helping of hope for Richard and Roxanne.

SNAP, along with Care and Share's food distribution programs, are vital tools in the fight against hunger.

Roxanne calls the compassion and help she received from Elizabeth "unbelievable" and "awesome." She said that her kindness almost meant more than the food. "She has given me hope to keep going and has shown me that there are good people out there still." **Without Elizabeth and the food that Care and Share provides to the pantry at Westside Cares, Roxanne says, "Richard and I wouldn't be able to eat."**

Filled with courage and never giving up, the couple is planning to marry. They look forward to brighter days ahead!

*Neighbors in need of food may come to Westside CARES at 2808 West Colorado Ave. Monday-Thursday mornings from 8:30 am - 12:30 pm and Thursday evenings from 4:30 pm - 6:30 pm for food coupons that may be used at one of our six local food pantries. Each household may use up to six coupons yearly.*



Loaf 'N Jug employees proudly partner with Care and Share to help end hunger in their own community.

## Working Across Sectors to Fight Hunger

**DAMAGED PACKAGING.** Overstocks. Spoiled produce. Every food-based retailer and restaurant faces the problem of wasted food.

**We are able to feed hungry and homeless neighbors by rescuing food that can't be served and delivering it to our partner food pantries.**

But over the past few years, increasing our rural food deliveries has meant fewer trucks available to pick up would-be wasted food from small stores, restaurants, and businesses.

Care and Share's Agency Empowerment program helps solve the problem. We connect our partner agencies with local fresh food donors so that the agency can pick up food directly from the store.

Loaf 'N Jug has become a leader in this important program. Its donations, such as prepackaged deli sandwiches, are fresh meals high in protein and ready to eat. Perfect for our homeless neighbors. Three fourths of Loaf 'N Jugs' 62 Southern Colorado locations are taking part. It is **one more example of how Care and Share makes your gifts go farther.** The stores' total donations are nearing half a million pounds of food—that's more than 400,000 meals.

"We give back as an appreciation to our customers. We believe businesses have a duty to give back to the communities they serve," said Art Stawski, President of Loaf 'N Jug and Quik Stop. "With our focus being on programs benefiting children and families, Care and Share became an ideal organization to partner with. I would encourage other businesses like ours who also believe in helping families fight hunger in their neighborhoods to contact Care and Share... it could be their perfect fit, too."

Agency empowerment has not only eased the strain on Care and Share's trucks and staff, but is greatly helping to lessen food waste across our service area.

**Thank you, Loaf 'N Jug! Care and Share looks forward to providing greater access to food for everyone in need throughout Southern Colorado. We can't do it without you!**

## Feed Our Neighbors Circle

Hunger happens every day. Please help us meet this need by joining the **Feed Our Neighbors Circle.**

Giving monthly or quarterly is easy. Your gift of any amount will help Care and Share provide vital programs every day of the year. You decide the amount and we help you set up the payment through a credit card or bank. A gift of just \$50 per month will provide one school year's worth of Send Hunger Packing back packs full of nutritious food. Next step: rest easy knowing you are making a difference for those in need. We will be sure to put your gift to good use.





## THANK YOU, GRANT MAKERS!

**YOUR GENEROSITY** helps us feed many neighbors in need. Together we can make sure that the 161,000 Southern Coloradoans at risk of hunger can access healthy food all year long.

### September

E.M. Christmas Foundation  
Red Nose Day Fund  
The William & Betty Osborne Trust Fund  
T. Rowe Price Foundation

### October

Boettcher Foundation  
El Pomar's Karl E. Eitel Fund  
FedEx Corporation  
Pueblo City & County Foundation  
Sprouts Healthy Communities Foundation  
Virginia W. Hill Foundation



## Recipe for Hope

**JOIN US!**

Thursday, March 2, 2017, noon – 1 pm  
The Broadmoor, Colorado Springs

## Hear Inspiring Stories of Hope and Help End Hunger

Gather seven friends, family members, and/or coworkers. Serve as their honored table host at this FREE event.

To learn more or to reserve your table, please call or email Shannon Brice: 719-434-4682 or [shannon@careandshare.org](mailto:shannon@careandshare.org).

## BUSINESS CHAMPIONS

### Be Recognized for Nourishing Our Communities

**THANK YOU!** Thank you! Thank you!

Gifts from businesses of every size are feeding our neighbors in Southern Colorado. We couldn't be more grateful. When you become a Business Champion, Care and Share will recognize you for helping our neighbors in need. Earn a place beside the following partners:

#### After School Heroes

Woodford Manufacturing Charities, Inc.

Learn more about becoming a Business Champion by contacting Shannon Brice at [shannon@careandshare.org](mailto:shannon@careandshare.org) or 719-434-4682.

## CONTACT US

### Colorado Springs

2605 Preamble Point  
Colorado Springs, CO 80915  
Phone: 719-528-1247  
Hours: Mon–Fri, 8am to 5pm

### Pueblo

100 Greenhorn Drive  
Pueblo, CO 81004  
Phone: 719-296-6995  
Hours: Mon–Fri, 9am to 3pm

**To learn more or to make a donation to Care and Share Food Bank, visit [careandshare.org](http://careandshare.org).**



## VOLUNTEER SPOTLIGHT

### It's Like You're Right There with Them...

#### Atlas Preparatory School Food Pantry Feeds 200 Individuals Weekly

**DONOR GENEROSITY** helps Care and Share Food Bank stock eight School Pantries. Atlas Preparatory School in Colorado Springs launched theirs last year. They welcome students and families in need each Friday from 3:30 – 5:30 pm.

The effort is run by individual donors, volunteers and school staff, and other agencies. Atlas serves nearly 70 families weekly. Nine in ten of its students qualify for free or reduced meals. The School Pantry makes it easy for families to receive food, since many parents are already coming to the school to pick up their children.

Beatriz is a junior at Atlas. She and three other volunteer students were chosen to help set up and run the pantry each week. "I volunteered at a soup kitchen before, but this was a chance to help my own peers. We wanted to make it really welcoming and inviting, a place where people



Beatriz is helping her own peers as a volunteer at her school's weekly food pantry distribution.

would understand that we are just there to help, with no expectation of them giving something back to us."

"We had people bring in recipes and made them into a cookbook. We gave people tote bags and the books so people would have a guide on how to use the food from the pantry. It makes you feel good knowing you've helped somebody."

Beatriz is excited about how much the pantry has grown. "It started out as just a roadside stand with food being put in paper bags. Now we've inspired other schools to create pantries, too."

**Here's my gift to provide hope and help this spring. Let's end hunger throughout Southern Colorado!**

\$ \_\_\_\_\_ ☐ \$35 ☐ \$50 ☐ \$100 ☐ \$250 ☐ \$500

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ ST \_\_\_\_\_ ZIP \_\_\_\_\_

EMAIL \_\_\_\_\_

☐ I have enclosed my check made payable to **Care and Share Food Bank.**

☐ Please charge my ☐ one-time ☐ monthly gift of \$ \_\_\_\_\_ to my:

☐ Visa ☐ MasterCard ☐ Amex ☐ Discover

NAME ON CARD (PLEASE PRINT) \_\_\_\_\_

CARD NUMBER \_\_\_\_\_

EXP. DATE \_\_\_\_\_

SEC. CODE \_\_\_\_\_

SIGNATURE \_\_\_\_\_

PHONE \_\_\_\_\_

**GIVE ONLINE AT [CAREANDSHARE.ORG/DONATE](https://careandshare.org/donate).**