

Contact: Shannon Brice, Marketing and Communications Director, 719-337-4003

Summer Isn't Fun When You're Hungry: Free Summer Meals for Kids Can Help!

Summer is an important time for kids' and teens' academic and physical well-being. But without access to regular nutritious meals, they can suffer long-term consequences, both academically and in overall growth and development. Studies show that kids are at a higher risk for both hunger and obesity during the summer months.

To meet the needs of local kids and teens, Care and Share Food Bank is once again sponsoring the Summer Food Service Program for children ages 1-18. The program will provide free lunches, breakfasts, or snacks during the summer at the locations, dates, and times listed below.

Meal Service Location	Address	Dates of Program	Days of Service	Breakfast Service	Lunch Service	Snack Service
Deerfield Hills Community Center	4290 Deerfield Hills Road Colo Spgs, CO 80916	June 6- July 8	Monday thru Friday	Not Served	12:00-1:00	Not Served
Deerfield Hills CC at Turman Elementary	3245 Springnite Drive Colo Spgs, CO 80916	May 31 -July 29	Monday thru Friday	Not Served	Not Served	3:00-4:00
Downtown YMCA	207 N. Nevada Ave. Colo Spgs, CO 80903	May 31- August 19	Monday thru Friday	Not Served	11:00-12:00	3:00-4:00
Garden Ranch YMCA	2380 Montebello Dr. W. Colo Spgs, CO 80918	May 31- August 19	Monday thru Friday	Not Served	11:00-12:00	3:00-4:00
Meadows Park Community Center	1943 S. El Paso Ave. Colo Spgs, CO 80906	June 6 - August 5	Monday thru Friday	Not Served	11:30-12:30	3:00-4:00
SE YMCA Clubhouse	2190 Jet Wing Dr Colo Spgs, CO 80916	June 6- August 5	Monday thru Friday	Not Served	12:30-1:30	4:00-5:00
SE YMCA Day Camp	2190 Jet Wing Drive Colo Spgs, CO 80916	May 31- August 19	Monday thru Friday	Not Served	11:30-12:30	3:00-4:00
Hillside Community Center	925 S. Institute St. Colo Spgs, CO 80903	June 6 - July 28	Monday thru Friday	7:40-8:40	Not Served	3:30-4:30
Yuma Salvation Army	908 Yuma St. Colo Spgs, CO 80909	June 1- August 10	Monday thru Friday	Not Served	11:30-12:30	3:20-4:20

*Please note that all sites will be closed on Monday, July 4th. Deerfield Hills CC at Turman Elementary will be closed 7/4-7/8

For more information about the summer food program, please contact Kate Amin, USDA Children's Program Coordinator at 719-528-1247, ext. 4726 or <u>KateA@careandshare.org</u>.

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(1) Mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; (2) Fax: (202) 690-7442; or (3) Email: program.intake@usda.gov. This institution is an equal opportunity provider.

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		Dates of	Days of	Breakfast	Lunch/Supper	Snack
Meal Service Location	Address	Program	Service	Service	Service	Service

Avondale Boys and Girls Club	405 2 nd St Avondale, CO 81022	June 13- August 5	Monday thru Friday	Not Served	Supper 4:10-5:10	Not Served
Eastside Boys and Girls Club	625 N Monument Pueblo, CO 81001	June 13- August 19	Monday thru Friday	Not Served	Lunch 12:00-1:00	3:00-4:00
Sprague Boys and Girls Club	2601 Sprague Ave. Pueblo, CO 81004	June 13- August 19	Monday thru Friday	Not Served	Lunch 1 2:00-1:00	3:00-3:30
Pueblo Salvation Army	401 S. Prairie Pueblo, CO 81003	June 27- August 5	Monday thru Friday	Not Served	Lunch 12:00-12:30	10:00- 11:00
Pueblo Library - Bessemer Park	843 W Northern Ave. Pueblo, CO 81004	July 18 - August 9	Monday thru Tuesday	Not Served	Lunch 11:30-12:30	Not Served
Saddle Back Valley Communities - Sunset	33550 E Hwy 96 Pueblo, CO 81001	June 15 - August 15	Monday thru Friday	Not Served	Lunch 12:00-1:00	Not Served

*Please note that the Boys and Girls Club sites will be closed on Monday, July 4th.

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Meal Service Location	Address	Dates of Program	Days of Service	Meal Service	Snack Service
Mesa Elementary School	703 West 7th Street	June 6 - 24 August 1 - 12	Monday Thru Friday	Breakfast 7:45-8:45	None
Pinon Project - Kemper Elementary	620 E. Montezuma	June 1 - June 26	Monday Thru Friday	Lunch 11:45-12:45	None
Dolores School District	1301 Central Ave. Dolores, CO 81323	June 13 – Aug 11	Monday Thru Thursday	Lunch 11:00-12:00	None

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Meal Service Location	Address	Dates of Program	Days of Service	Breakfast Service	Lunch Service	Snack Service
Boys and Girls Club of Buena Vista	516 E. Main St., Avery Parsons Unit Buena Vista, CO 81211	May 3 - August 4	Monday thru Friday	None	12:00- 1:00pm	3:00 – 3:30pm
Boys and Girls Club of Salida	340 E. 5 th Street Salida, CO 81201	May 3 - August 4	Monday thru Friday	None	12:00- 1:00pm	3:00 – 4:00pm

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Meal Service Location	Address	Dates of Program	Days of Service	Breakfast Service	Lunch Service	Snack Service
City of Monte Vista's Kids Connection	545 2 nd Ave Monte Vista, CO 81144	May 3 - July 27	Monday thru Friday	8:00- 9:00	12:00- 1:00	Not Served

*Please note that this site will be closed on Monday, July 4, and Friday, July 22nd.

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Alpine Achievers Initiative -	403 Pitkin Ave	June 6 - July	Monday	Not	12:30 -	9:30 -
Mountain Valley School	Saguache, CO 81149	15	thru Friday	Served	1:30	10:30
Alpine Achievers Initiative -	330 Lime Ave	June 6 - July	Monday	Not	12:30 -	9:30 -
Crestone Charter School	Saguache, CO 81149	15	thru Friday	Served	1:30	10:30

*Please note that this site will be closed on Friday, July 3.

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Meal Service Location	Address	Dates of Program	Days of Service	Breakfast Service	Lunch Service	Snack Service
Boys and Girls Club of the	290 Mouache Circle	June 13 -	Monday thru	10:00-	Not	2:00-
Southern Ute Indian Tribe	Ignacio CO 81137	August 5	Friday	11:00	Served	3:00

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