You can Help More Kids Stay Healthy, All Summer Long

“I scream, you scream, we all scream for ice cream!”

IT’S A FAMILIAR SUMMER CHANT for kids getting ready for summer vacation. They’ll head to swimming pools, stay up late and sleep in, enjoy family getaways, and look forward to fun in the sun and good food.

But not every kid in the neighborhood is so lucky – especially those whose parents struggle to put food on the table. In fact, summertime is when children and their families are at the greatest risk of hunger because they lose access to school food. Did you know that 1 in 5 Southern Colorado children are at risk of consistently missing meals this summer?

One in five. That’s thousands too many.

Many parents tend to skip meals so their children don’t go hungry during the summer. Even then, too many youngsters still miss important meals, such as breakfast or dinner. Without enough nutritious food, kids’ physical and emotional development suffers. It’s harder for them to do well in school, get along with others, and lead happy, healthy lives.

With partners like you, we are working to make sure that no child in Southern Colorado ever goes hungry during the summer. Giving in April and May will help ensure that our hungry neighbors have access to more healthy foods during this critical time of year when family grocery budgets are seriously strained. Care and Share’s Summer Mobile Food Pantries are held at schools that sponsor the Summer Food Service Program, which provides snacks and meals (including the occasional summertime ice cream treat) to kids. Throughout June, July, and August, thousands of area families will receive snacks, fresh produce, and pantry staples through our Summer Mobile Food Pantries when children come for their snacks and meals.

Thank you for your commitment to meeting this dire need at a critical time for hungry children and parents.
YOU MAY HAVE HEARD THAT STARBUCKS®, in partnership with Feeding America®, recently launched the FoodShare donation program to bring more nourishing and ready-to-eat meals to people in need. This partnership began as a result of the leadership from Starbucks partners (employees) who advocated for a solution to the unsold food that was going to waste. In response, Starbucks has set a goal to rescue 100% of available food from its more than 7,000 U.S. stores and donate this food to local Feeding America food banks and partner agencies, such as Care and Share. What a beautiful example of the work that we can accomplish when we work together and across sectors.

Care and Share is among the first of Feeding America’s member food banks to launch this exciting initiative. Funding from Starbucks helped us to hire two new drivers that are now picking up donated food from 27 Starbucks stores from Monument to Pueblo every night of the week. Grant funding from the Inasmuch Foundation helped us to acquire the vehicle we needed to accomplish this work. We average about 10 pounds of food from each store every night!

We are so excited for this new partnership and grateful to the employees of Starbucks for advocating for hunger relief and for finding a way to minimize food waste in our country. Because of their dedication, and the partnership of Feeding America, we now have one more way to get more food to more people in more places.

THANK YOU, GRANT MAKERS!

YOUR GENEROSITY helps us feed many neighbors in need. Together we can make sure that the 161,000 Southern Coloradoans at risk of hunger can access healthy food all year long.

November
- Employees Community Fund of Boeing
- Inasmuch Foundation
- The Eugene Curtis and Florence Ann Armstrong Family Foundation
- The Kahala Fund of the Pikes Peak Community Foundation
- United Way of Pueblo County

December
- BBVA Compass Foundation
- Deluxe Corporation Foundation
- El Pomar Foundation’s Karl E. Eitel Fund
- Jennie and Albert Gersick Foundation
- Joseph Henry Edmondson Foundation
- LexisNexis
- The Hester and Edwin Giddings Foundation

January
- Carl W. and Carrie Mae Joslyn Charitable Trust
- Creel-Harison Foundation
- Credit Union of Colorado Foundation
- Feeding America Colorado
- The Albertsons Companies Foundation
- Nutrition Camp School Foundation
- The Gazette-El Pomar Empty Stocking Fund

To learn more or to make a donation to Care and Share Food Bank, visit careandshare.org.

CAN YOU IMAGINE GOING TO BED HUNGRY night after night? Can you imagine being a child who dreads summer vacation because at home you know you won’t have enough food? One in five Southern Colorado children woke up this morning wondering where their next meal was going to come from.

But you can make a difference with a few steps to your mailbox!

Next Saturday, May 13th, is Stamp Out Hunger. Simply leave a bag or box of non-perishable food items (we love cereal, tuna, and peanut butter) at your mailbox before your letter carrier arrives. Your food will be picked up and delivered to Care and Share Food Bank that evening.

It’s really that easy!

Together, we can collect hundreds of thousands of pounds of food for our Southern Colorado neighbors at risk of hunger. Help us spread the word by visiting our Facebook page to view posts you can share.

Thank you for sharing in our belief that no one should go hungry!
VOLUNTEERING: A special way to help feed hungry neighbors

WHEN DICK PRUDHOMME RETIRED, he had a lot of free time on his hands. He began searching for a place to volunteer where he could use his skills and know he was making a difference. Dick began volunteering monthly in Care and Share’s gardens with staff member Donna Ross. He learned so much that he says he was able to practice his new-found skills in his own backyard at home!

Dick is an amazing carpenter, and he put those skills to good use for the hungry children we serve year-round. Dick built a beautiful vegetable stand for one school pantry, along with portable handwashing stations for kids to use before receiving their summer snacks and meals through our Children’s Nutrition Initiative.

Dick has also volunteered at several local food pantries that receive food from Care and Share. He now understands just how many people are struggling with hunger right here in Southern Colorado. He says “the pantries are eye opening for sure, being able to see that these people really need us.” Dick “has more time than money,” and he encourages others to do what they can with what they have. You just never know how much of a difference you can make until you get involved.

If you’d like to join the Care and Share family of volunteers, please call Eric Pizana at 719-434-4677 or email Eric@careandshare.org.

These generous investors give at least $1,000 annually to ensure that no one goes hungry. We honor Harvest Society members that give at least $10,000 annually by planting a fruit tree in their name in our orchard that will provide food for those we serve well into the future.
To learn more, contact Shannon Brice at Shannon@careandshare.org

Here’s my gift to provide hope and help this summer.
Let’s end hunger throughout Southern Colorado!

$$_ _ _ _ _ _ _ _
☐ $35  ☐ $50  ☐ $100  ☐ $250  ☐ $500
☐ $1,000 (Harvest Society)

NAME
ADDRESS
CITY __________ ST ZIP __________
EMAIL

GIVE ONLINE AT CAREANDSHARE.ORG/DONATE.