



# SHARING THE HARVEST

FALL 2013 NEWSLETTER

[www.careandshare.org](http://www.careandshare.org)

## Fight Hunger Year-Round

Become a member of the **Feed Our Neighbors Circle**, Care and Share Food Bank's recurring monthly donor program. This is the most sustaining force in individual giving and helps us bridge the gap between hunger and abundance.

Every day, more than 165,000 children, individuals, seniors and struggling families count on food provided by Care and Share to get by when times are tough.

We count on a special circle of supporters too. You can become a member of this circle by joining **Feed Our Neighbors Circle**. There's no easier way to help fight hunger.

The **Feed Our Neighbors Circle** was created to provide a stable and continual source of operating funds, enabling our supporters to help sustain Care and Share's hunger relief programs.

### **Reasons to become a sustaining member of the Feed Our Neighbors Circle:**

**Effectiveness.** Your monthly commitment helps us to plan ahead, budget more effectively, and respond to hunger concerns as they arise throughout the year.

**Impact.** Every \$1 of your monthly gift provides 8 meals for those who struggle with hunger in our community.

**Stewardship.** We are proud to maintain that for every \$1.00 we receive, \$0.95 goes toward direct services and only \$0.05 goes toward administrative costs.

**Convenience.** Monthly credit card gifts save you time and postage.

**Flexibility.** You can change or stop your donation at any time.

**Benefits.** Members of **Feed Our Neighbors Circle** pledging \$84 per month automatically receive membership in the Harvest Giving Society.

**Get Started!** You can join by establishing recurring monthly gifts at [www.careandshare.org](http://www.careandshare.org). If you prefer to enroll by email or phone, or for more information, contact Allan Siracusa at [allan@careandshare.org](mailto:allan@careandshare.org) or 719-434-4680.

## The Face of Hunger

Many people believe the problems associated with hunger are confined to small pockets of society or certain neighborhoods, but the reality is much different. Right now, more than 165,000 Southern Coloradoans are struggling with hunger. Children, seniors and hardworking adults throughout Southern Colorado are forced to go without food for several meals, or even days.

Many of us will never experience true hunger. This makes us lucky, and yet it challenges our ability to discuss, and inevitably change, those obstacles faced by food-insecure families each and every day.

We strive to involve the people of Southern Colorado in hunger and poverty issues, to help our community better understand the causes of hunger, and to find solutions that end hunger in our local communities.

### Facts about Hunger:

- Food-insecure households report having to choose between food and other basic necessities, such as rent, utilities and medical care.
- 1 in 6 Southern Coloradoans don't have access to enough nutritious food to eat.
- Of the more than 112,000 individuals served by Care and Share's partner agencies, 58,000 of them are children.

We rely on the facts to keep us informed, but more so, it's important that we attempt to understand the struggle our hungry neighbors are facing.

Help us change the facts. Let's work together to bridge the gap between hunger and abundance in Southern Colorado.

Lynne Telford  
President and CEO



## PROGRAM EDUCATION CORNER

### Children's Nutrition Initiative

Care and Share Food Bank works to meet the specific needs of food insecure, school-aged youth through our Children's Nutrition Initiative (CNI).

These programs, targeted to meet the needs of more than 58,000 food insecure children throughout Southern Colorado, include Send Hunger Packing, Healthy Kids Club, Summer Food Service Programs, and School Pantries. Each program is unique and provides nutritious food to children and their families at various places and times...all to ensure that young

people have adequate access to the nutritious food they need to learn and grow.

For Send Hunger Packing and School Pantry specifically, counselors, teachers and nurses identify students in need of the programs who display signs of chronic hunger such as stomach aches, dizziness, difficulty concentrating, hoarding food from the cafeteria and absenteeism. Once identified by a school teacher or nurse, the student's parents are sent a

permission slip to enroll the student in the program.

Summer Food Service Program and Healthy Kids Club are implemented in low-income schools and neighborhoods. To remove the stigma, all children are invited to participate regardless of eligibility. Your financial donations help us to ensure the implementation of these programs. Together we make it possible for families and young people to receive the nutritious food they so richly deserve.

## Community **Makes a Difference**

### Panerathon to Fight Hunger



Care and Share Food Bank would like to thank the 725 participants of the 2013 Panerathon 5K & 10K to Fight Hunger! The race raised \$10,626.30 which will provide the equivalent of more than 83,000 meals to those in need in Southern Colorado.

### 2013 Springs Beer Fest



We would like to thank The Craftworks Foundation for their partnership in the fight against hunger. All proceeds raised from the 2013 Springs Beer Fest will benefit the programs of Care and Share Food Bank for Southern Colorado.

### Call to Action – Be Involved, Host a Virtual Food Drive

*Don't have the time or space to organize a traditional food drive? Participate in a Virtual Food Drive.*



Virtual Food Drives are Internet-based tools that allow organizations to operate an online monetary donation drive over a set period of time. Proceeds from Virtual Drives allow Care and Share to purchase large quantities of the most-needed nutritious items that create healthy, balanced meals. In addition, Virtual Food Drives minimize overhead for Care and Share, saving us money we would otherwise spend on fuel to pick up donated food or staff to assist with the coordination of drives. These savings mean more food can reach the plates of the hungry.

To set up a virtual food drive, please contact [fooddrives@careandshare.org](mailto:fooddrives@careandshare.org) or call 719-434-4682.



# Volunteer Appreciation Awards Given

Care and Share has a proud tradition of volunteer service. Our volunteers are renewing their commitment to help others and help us make new connections that bring us closer to our neighbors in local communities across Southern Colorado.

In June, Care and Share hosted its annual volunteer appreciation event to say thank you to all of our volunteers and to recognize the valuable contributions they make in our 31-county service area.

We presented several volunteers with The President's Volunteer Service Award. This is a prestigious award established as a way to thank and honor our volunteers who, by their demonstrated commitment and example, inspire others to engage in volunteer service.

To be a recipient of The President's Volunteer Service Award, volunteers will devote from 100 to more than 500 hours of service during a 12-month time period – or cumulative hours over the course of a lifetime. Each of the recognized volunteers received an official President's Volunteer Service Award pin and personalized certificate of achievement, signed by President Barack Obama.

## The Ernie Lykins Exceptional Volunteerism Award

This award was established in 2012 and named after long-time Care and Share volunteer, Ernie Lykins. This annual award is presented to individual volunteers in recognition of life-time volunteer achievement on behalf of Care and Share's mission. The recipient of this award exemplifies a "can do" attitude and the highest standards of leadership in volunteering, by demonstrating and modeling a deep commitment to the mission and heart of Care and Share Food Bank through the consistency, reliability, and flexibility of their work; longevity, support of fellow volunteers, staff and our community at large.

Roger Condie was named the 2013 winner of The Ernie Lykins Exceptional Volunteerism Award. His dedication inspires others to take positive action to change the world. **Thank you Roger!**

The following individuals are Care and Share's 2013 President's Volunteer Service Award recipients.

### Gold (500+ hours)

Ernie Lykins

### Silver (250 to 499 hours)

Roger Condie  
Brenda Pinney  
Mike Schmidbauer  
Dana Utterback  
Helene Lincon  
James (Jim) Watson

### Bronze (100 to 249 hours)

Linda Elliott  
Joanne Schmitz  
Marie McCracken  
Barbara Cericalo  
Patricia Dennison  
Nita Acey  
Shelly Richardson  
Louis (Lucky) Richardson  
Samantha (Sam) Richardson  
Wayne Schallock  
Toni West  
Virginia (Ginger) Schene  
Paul McSpadden  
Martin Stump  
Felecia Grant  
Rob Kohler

*I always wondered  
why somebody didn't  
do something about  
that. Then I realized  
I was somebody.*

– Lily Tomlin

Pictured left to right is Toni West, Deborah Clements, Roger Condie – 2013 winner of The Ernie Lykins Exceptional Volunteerism Award – and Sam Richmond



## Create a Hunger-Free Southern Colorado through a Charitable Bequest

Through your donations to Care and Share Food Bank for Southern Colorado, you're making a difference in the fight against hunger today. But did you know that you can help people facing hunger tomorrow by leaving a bequest to Care and Share Food Bank in your will?

### What is a bequest?

Charitable bequests are by far the most popular form of legacy giving because they are simple, straightforward, and easy to execute. You state in your will that a sum of money or portion of your estate be given to a charitable organization.

### The benefits are far-reaching.

Your bequest to Care and Share Food Bank for Southern Colorado will support feeding programs that reach out to men, women, and children at risk of hunger. Plus, you may be able to exclude some of your estate or inheritance taxes. Speak to your attorney or financial advisor to learn how a bequest can positively impact your estate.

Please call Stacy Poore, 719-434-4679 or you may email us at [development@careandshare.org](mailto:development@careandshare.org)





## Thanks to our Funders!

The generosity of our grant makers is integral to the work that we do every day to bridge the gap between hunger and abundance. Without their dedication to the betterment of our community, we could not provide nutritious food to the working adults, children, seniors, the ill, and others facing food insecurity throughout Southern Colorado. We truly appreciate each gift and are proud to maintain that for every \$1.00 we receive, \$0.95 goes towards direct services and only \$0.05 goes toward administrative costs.

### June

- G.J. Aigner Foundation, Inc.
- Ballantine Family Foundation - Children's Nutrition Initiative in Montezuma, Dolores, Archuleta, and La Plata counties
- Curtis-Morse Foundation - Wildfire Relief Efforts
- John G. Duncan Charitable Trust -Children's Nutrition Initiative
- Jake Jabs Charities - Wildfire Relief Efforts
- The Kenneth King Foundation - General Operating
- The Larry H. & Gail Miller Family Foundation - General Operating
- Lewis Family Foundation - Wildfire Relief Efforts
- PEDCO Foundation (Pueblo Economic Development) - Wildfire Relief Efforts
- Pikes Peak Community Foundation - Wildfire Relief Efforts
- Prime Family Trust -Wildfire Relief Efforts
- Nutrition Camp School Foundation, Inc. - Children's Nutrition Initiative
- Seidman Family Foundation - Wildfire Relief Efforts

### July

- Agilent Technologies Foundation-Wildfire Relief
- Ameriprise Financial Services-Children's Nutrition Initiative
- Associa Cares-Wildfire Relief
- CenturyLink Clarke M. Williams Foundation-General operating support and Children's Nutrition Initiative
- First Plymouth Foundation-Children's Nutrition Initiative
- The Leighty Foundation – Volunteer Program
- The Dusty and Kathy Loo Fund of the Pikes Peak Community Foundation - Wildfire Relief
- MJR Foundation-Wildfire Relief
- Seidman Family Foundation - Wildfire Relief Efforts
- The David Tepper Foundation, Inc.-The purchase of a new truck
- Darryl and Terry Thatcher - Wildfire Relief Efforts
- Union Pacific Foundation-General Operating support
- Veterans United Foundation - Wildfire Relief Efforts
- Wal-Mart Foundation - Wildfire Relief Efforts
- Wells Fargo Foundation - Wildfire Relief Efforts

## CONTACT US

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To learn more or to make a donation to Care and Share Food Bank visit [www.careandshare.org](http://www.careandshare.org).



## Upcoming Events



### September 5: Cooking for a Cause

Featured Chef: Heather Mitchell of Change Personal Chef Services will focus on favorite foods our Colorado Springs founders might have enjoyed...from the 5 Star experience

to the faster-food styles of today. Classes will be in our Community Kitchen. Demonstrations by expert chefs will be followed by a meal with the chef and class participants. Wine pairings will be woven throughout the cooking and dining experience. Email [events@careandshare.org](mailto:events@careandshare.org) for ticket information.



### October 3: Cooking for a Cause

Featured Chef: Fran Gleson, a volunteer chef from our Cooking Matters program, will focus on food that explores the farm-to-table journey of cattle ranching and the history of

the Goodnight-Loving Trail. Classes will be in our Community Kitchen. Demonstrations by expert chefs will be followed by a meal with the chef and class participants. Wine pairings will be woven throughout the cooking and dining experience. Email [events@careandshare.org](mailto:events@careandshare.org) for ticket information.

### November & December: CARE Drive



Have a business and would like to join in our community effort to raise money and food for Care and Share? Join the CARE Drive! For more information, contact [shannon@careandshare.org](mailto:shannon@careandshare.org).

### November 1-22:



### HARVEST of LOVE

#### NewsChannel 13 Harvest of Love

Participating schools in Southern Colorado will be joining efforts with KRDO to raise money and food for those in need this holiday season. For more information, contact [shannon@careandshare.org](mailto:shannon@careandshare.org).

### November 18-25

#### A Gobble for All Turkey Drive – Panera Bread

Drop off your frozen turkey at any Colorado Springs Panera Bread location.



### November 22:

#### Take a Turkey to Work Day with KLITE 106.3

oin KLITE 106.3 Take a Turkey to Work Day from 6 a.m. until 6 p.m.! Help us provide the Thanksgiving centerpiece for so many this holiday season. For locations, please visit our website or tune into KLITE 106.3FM.

