

“I wanted to show the kids that you can take piece of dirt and change what it does.”

-Jessica



SUCCESS STORY

In August 2014, Jessica stopped by Care and Share to ask Donna Ross, our Garden and Kitchen Manager, some questions about gardening. Jessica was determined to create a garden at the Murray Hill Apartment Community where there was a large outdoor space overgrown with weeds. She approached her landlord about creating a garden for the residents of the apartment because she wanted to show her own children, and the other children living there, “that you can take piece of dirt and change what it does.” After a lot of hard work, she transformed an unused plot of land into a beautiful resource.

The garden has not only provided a supply of fresh, nutritious vegetables, said Jessica. “We’re growing a community because of the garden. Our community wanted to talk to each other, know each other, trust each other, but they had no reason to interact. Now children are coming home with fresh radishes and herbs and their parents are very proud of them. Everybody has been nicer to each other.” Ultimately, the garden has helped Jessica and her neighbors increase their access to healthy foods and reduce stress.

The garden has been a great outlet for Jessica, who is battling with medical problems that forced her to put her college education on hold. One of the children living in the complex has autism, and gardening has been beneficial for him too. Jessica said that he “has really had a hard time interacting, but when I sit down to weed, he likes to sit on the other side of me and we just sit in the garden for hours quietly weeding.” She encourages everyone to build their own gardens and would love to help other apartments in this endeavor.

Please visit Care and Share if you are interested in learning more. We welcome everybody, with or without garden experience. We offer group and individual opportunities to volunteer, and this is a great experience to share with your children. Please call or email Donna Ross with questions at Donna@careandshare.org or 719-434-4671.



September is Hunger Action Month

Every September, Care and Share Food Bank, in conjunction with Feeding America, recognizes **Hunger Action Month**. We ask everyone in America to fight hunger in their community, all month long. Hunger Action Month is your opportunity to join a movement that has a real and lasting impact on our effort to feed more Southern Coloradoans. Whether it's by advocating and raising awareness, making donations, or volunteering, you can find the way that's right for you.



#Spoonتمبر



The Feeding America network of food banks which includes Care and Share, will be participating in the new Spoonتمبر™ online initiative. To get involved, you can share a 'spoon selfie' or video balancing a spoon – a utensil that is most often used to prepare and provide food for others – on your

nose and challenge friends and family to join in and generate awareness of the thousands of neighbors in need.

Mark your calendar for Thursday, September 3rd for Wear Orange Day! We will be partnering with the Rocky Mountain Women's Film Institute to screen Just Eat It, a documentary about food waste. More information will be available on our website soon. We can tell you this – spoons will be involved!

Within Reach

We have come to the end of the first year of our Within Reach plan. Providing access to food for more than 170,000 people throughout Southern Colorado is challenging. But doing so is right. We approached an audacious goal with big plans, enthusiasm, a little fear, and a great deal of hope.

With your help we accomplished many things. Here are just a few examples:

- With support from Kaiser Permanente Colorado and Lyda Hill, we increased our capacity and will be identifying 19 new places for people to access food.
- We partnered with schools in Pueblo and Colorado Springs to provide food to children and families when school meals are not available.

- Feeding America and the Walmart Foundation provided a truck for our Pueblo facility, expanding our ability to gather and distribute food.
- We asked our partner agencies, if given more food, could they reach more people? It seems these hardworking partners have accomplished just that, helping us reach more than 120,000 people.
- Volunteers stepped up in ways we never could have imagined.
- We've grown our relationships with farmers and food donors, ensuring more food, especially produce.

This is a small list of all that has taken place as we work to achieve Within Reach. Call or stop by if you want to know more. We can't do our work alone. Thank you for the help you've given.

Through Legacy, We're Connected

A gift to Care and Share Food Bank in your estate or financial plans will help us to solve hunger.

Charitable opportunities include:

- Wills and bequests
- Charitable lead trusts
- Charitable gift annuities
- Gifts of real estate
- Gift of life insurance
- Charitable remainder trusts
- Gifts of appreciated stock/assets

Please call Stacy Poore at 719-434-4679 or email stacy@careandshare.org for more information.

Make a Legacy Gift
www.careandshare.org



"Volunteering for the mobile food pantry has been an inspiring thing. I love meeting and helping a lot of people."

Joan Bailey,
Volunteer at mobile pantry
Mitchell High School, July 2015

Care and Share Food Bank Welcomes **New Volunteer Services and Community Outreach Director**



Care and Share Food Bank welcomes a new staff member, **Eric Pizana**, as the **Volunteer Services and Community Outreach Director**. Eric comes to Care and Share with a very strong nonprofit background. For many years he served as an outreach counselor for Urban Peak, where he built relationships with and advocated for our city's homeless youth.

For the past five years, Eric has managed administration, volunteer services, programs, and most recently executive leadership for Inside Out Youth Services.

We are happy to have Eric on our team. Stop by to welcome him or email him at Eric@careandshare.org

Members of the Feed Our Neighbors Circle believe that no one should go hungry.

Our friends who give monthly, help us to solve hunger. You can too.

\$25/Month

You provide a child with a Send Hunger Packing backpack filled with healthy, nutritious food for an entire school year.

Make a Monthly Gift
www.careandshare.org

Upcoming Events



Cooking for a Cause

A series of Chefs Table cooking experiences that bring us together around fabulous food and the most talented chefs in our community. Events are held monthly in our beautiful Community Kitchen. Demonstrations by expert chefs are followed by a multi-course meal with the chef and class participants. Wine pairings made possible by Powers Liquor Mart are woven throughout the cooking and dining experience.

- October 8 features Chef Ott Mathias, Jake and Telly's Greek Taverna

Events are from 6:00 – 8:00 p.m. at 2605 Preamble Point, Colorado Springs, 80915. \$40 per person, per session. Space is limited. Call 719-434-4679 or events@careandshare.org for more information and to reserve tickets.



November 1 – December 31: CARE DRIVE

Have a business and would like to join in our community effort to raise money and food for Care and Share? Join CARE Drive! For more information, contact eric@careandshare.org



November 2-20: Harvest of Love

Participating schools in Southern Colorado will join efforts with KKTV 11 News to raise money and food for those in need this holiday season. For more information, contact shannon@careandshare.org



November 16-20: A Gobble for All Turkey Drive - Panera Bread

Drop off your frozen turkey at any of the five Colorado Springs Panera Bread locations: Southgate Rd., N. Nevada Ave., First and Main Town Center, Academy Shops, and Briargate Parkway.



November 20: SAVE THE DATE for Take a Turkey to Work Day with Sunny 106.3

Please visit www.careandshare.org/newsandevents for details about how you can participate!

Business Champions

provide a meaningful way to help our neighbors at risk of hunger by exercising their corporate philanthropy. For their support, we would like to recognize:

Sunrise to Sunset Supporter (\$15,000+) King Soopers

"King Soopers is committed to helping families put fresh, wholesome food on their tables every day. Care and Share's mission is simple, no one should go hungry, and that's a philosophy we share. For the one in seven Coloradans who live in food insecure household, we have a social and moral obligation to help end hunger. We celebrate partners like Care and Share who will work tirelessly on behalf of the thousands they serve."

— Kelli McGannon,
Director of Public Affairs

To explore ways your company can help solve hunger in Southern Colorado, and to learn more about our corporate benefits and recognition levels, go to

www.careandshare.org



Thanks to our Funders!

The support of our grant makers is integral to the work that we do every day. We would like to thank the following grant makers, who recognize mutually beneficial partnerships to achieve success in feeding our neighbors at risk of hunger. **THANK YOU for your support!**

April Grant Makers

Ent Federal Credit Union's Youth Endowment Series
Kaiser Permanente Colorado

May Grant Makers

Anschutz Family Foundation
Emergency Food and Shelter Program
Feeding America, thanks to Cargill
Feeding America, thanks to the Walmart Foundation
The David and Lucille Packard Foundation
The Grainger Foundation
The Marson Foundation
The Pikes Peak Community Foundation

June Grant Makers

Gates Family Foundation
Retail Store Donation Performance Pilot Grant Program, thanks to the Walmart Foundation and Feeding America

To learn more or to make a donation to Care and Share Food Bank visit
www.careandshare.org

CONTACT US

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www.careandshare.org



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