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## Care and Share Food Bank Puts Citizenship and Service in Action

## Volunteers sort and repack food donations as part of MLK Day

Colorado Springs, CO – Care and Share Food Bank for Southern Colorado is hosting more than 100 volunteers today in honor Dr. Martin Luther King's legacy. Colorado Springs residents are joined by hundreds of thousands of volunteers across the country on this national day of service.

"Today we answer Dr. King's call to serve and are making a difference in the lives of Southern Colorado residents," said Lynne Telford, President and CEO of Care and Share Food Bank "A resourceful way to meet local needs, volunteer service is a powerful tool that builds strong communities. These wonderful Care and Share volunteers are putting the core American principles of citizenship and service into action."

All volunteers signed up with Care and Share in advance of this event. We are currently at full capacity, no promotion of event is necessary to the general public.

Scheduled volunteers will be onsite at Care and Share's warehouse from 8:00 a.m. until 5:00 p.m. Media interviews during this time are encouraged.

The Corporation for National and Community Service (CNCS) is the federal agency that leads the annual MLK Day of Service, working with the King Center in Atlanta and thousands of nonprofit groups, faithbased organizations, and schools and businesses nationwide.

## About Care and Share Food Bank

At Care and Share Food Bank, we believe that no one should go hungry. Every day, we provide food to our partner agencies across Southern Colorado to serve families, children and seniors in need because well-fed communities are safer, more stable, and more vibrant for us all. Care and Share is also a member of Feeding America, a national food bank association. Every year, Care and Share distributes more than 21 million pounds of food throughout 31 counties in Southern Colorado to more than 300 partner agencies.