

## VOLUNTEER HIGHLIGHT: VERA KELLAR

Our volunteer highlight features Vera Kellar, a retired Army Lt. Colonel and Red Cross Specialist with the Armed Forces Emergency Services. In her prior careers, Vera was a Military Police Officer and then assisted Red Cross disaster relief efforts in Bosnia, Korea, Bahrain and Afghanistan. Now that Vera has decided to “slow down” a bit, we at Care and Share have the privilege of working with her weekly in our Welcome Office. Vera has been volunteering with us since February 2013 and during this time has had a BIG impact.

She started as most volunteers at Care and Share do -- sorting and packing food. Our Programs staff quickly noticed Vera's desire and ability to help in new and meaningful ways. She was asked to monitor our partner agencies and conduct interviews with those utilizing food pantries or soup kitchens for Feeding America's *Hunger Study*. Vera says the *Hunger Study* was incredibly meaningful work because she was able to give voice to the people who aren't often heard. The summer she worked on the *Hunger Study* was the same summer that brought the Black Forest Fire, so Vera also signed up to distribute Care and Share food boxes for evacuees and other affected community members at the Citizens Service Center.

We opened our Welcome Office in the fall of 2013, and Vera was asked to train new volunteers to help us greet donors and agencies and furnish emergency bags of food to folks in need at the front doors of the Colorado Springs facility. Vera's been a lead in this capacity ever since. She is a big believer that EVERY single person who walks through the door is important and EVERY volunteer counts in getting the work done. We couldn't agree more and we're truly grateful for the work Vera does to help us alleviate hunger throughout Southern Colorado!



## Faces of Hunger

### *John and Family*

John has been coming to his neighborhood food pantry for about a year now. As he was looking for work, times were tough for him as a single father with five children. “We struggled the first 6 months really bad,” says John. But today, he is working full-time as a shop floorman at an HVAC company.

Despite his 40 hour work-week, John still isn't making enough to cover all of his family's monthly expenses. He's a meticulous budgeter and says he's able to spend about \$80 per week on food, which isn't nearly enough to feed his kids, especially during the summer while they're out of school.

To John, it's important that his children learn how to eat healthfully but cheaply. Mostly everything he cooks – with the help of his kids – is from simple, staple ingredients.

John is appreciative of all the fresh produce and meat he can find at the food pantry, especially during the holidays. “Last year,” he said, “it was really nice to be able to come here. It fed us, not only did we have a good Christmas dinner, but we ate on that for a week.”



## Save the **Date!**

National Volunteer Week is April 12 – 18, and we can't wait to celebrate the volunteers who are the heart of Care and Share's work!

On **April 13th from 4 to 5:30pm**, we will gather at the Colorado Spring warehouse to acknowledge those who give countless hours to relieve hunger in Southern Colorado.

If you're interested in learning more about the event or how to nominate an individual or organization for an award, please contact Amber Coté at [amber@careandshare.org](mailto:amber@careandshare.org).

## CO Gives 2014

On December 9, 2014, Colorado donors once again united to support nonprofit organizations during the fifth Colorado Gives Day. **THANK YOU** for helping Care and Share surpass our goal. In total, we raised more than \$17,000 which will provide 14,500 meals to our Southern Colorado neighbors.

Because of your strategic investment, your donation during Colorado Gives Day went even further with FirstBank's incentive fund, which increases the value of every dollar donated.

Your generosity makes a difference for those struggling with food insecurity and we are truly honored to partner with you in the fight against hunger.

Thank you, thank you, and thank you!

**Together we can solve hunger!**



We believe no one should go hungry. For every \$10 donated, Care and Share Food Bank can provide 80 meals to neighbors at risk of hunger.

## Care and Share's **Celebration** of the **2015 Hunger's Hope Awards**

The purpose of the Hunger's Hope Award is to annually recognize one individual, one organization, and one business for their extraordinary level of commitment to Care and Share's mission to bridge the gap between hunger and abundance.

The 2015 Hunger's Hope Award winners were selected for their extraordinary accomplishments in support of Care and Share. They have demonstrated engagement in our work to secure support for people at risk of hunger throughout Southern Colorado. Our award recipients have shown exemplary leadership and commitment. Finally, each recipient has a proven record of exceptional generosity through giving or garnering financial support for the Care and Share mission.

### **Individual Award Winner**

Robert Shelton - A Village Pharmacy

### **Organization Award Winner**

The David and Lucile Packard Foundation

### **Business Award Winner**

KKTV 11 News



A Village Pharmacy



## Service Area Region Spotlight

### HOW WE FIGHT HUNGER IN EASTERN COLORADO

Last year, Care and Share provided more than 11,889 meals and snacks in the Eastern region.



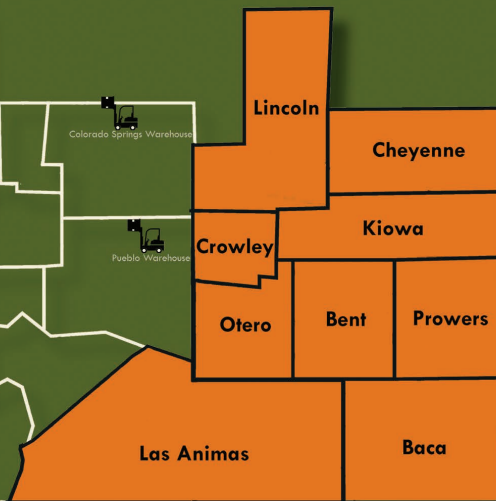
Care and Share partners with 23 agencies in Eastern Colorado.



1 in 7 neighbors in Southern Colorado are food insecure.



Care and Share partnered with 2 Send Hunger Packing sites to distribute 1,746 backpacks last year.





# Care and Share Food Bank invites you to **join us** at **Recipe for Hope**.

Gather seven friends or co-workers and listen to inspiring stories of hope. The event is free to attend and all guests will be asked to make a personally meaningful gift. For more information, please call or email Shannon Coker at 719-434-4682 or [shannon@careandshare.org](mailto:shannon@careandshare.org).



## Recipe for Hope

MARCH 5, 2015 | 12 NOON

BROADMOOR HALL

Doors open at 11:30 a.m.

PLEASE JOIN US FOR  
**POWERFUL STORIES OF HOPE.**

I used to be sad when we had no food.  
Now we go to food pantries and we  
get fresh food and cool snacks.  
**We will never be hungry again.**

*Jadyn*

At Care and Share Food Bank, we believe that no one should go hungry. Every day, we provide food to our partner agencies across Southern Colorado to serve our neighbors in need because well-fed communities are better for us all.

L A Z BOY  
FURNITURE GALLERIES\*

KIRKPATRICK BANK

Ent\*

CenturyLink\*

CARE AND SHARE  
FOOD BANK FOR SOUTHERN COLORADO  
FEEDING AMERICA

# HARVEST OF LOVE

Harvest of Love is Care and Share's largest annual food drive. Held exclusively among schools in the Pike Peak region, our media partners from KKTU 11 News rallied 107 schools this year to combine both financial resources and food donations that provided the equivalent of more than 1.5 million pounds of food. We're grateful for each school's support, improvement, creativity and generosity, and are immensely grateful to KKTU for their coverage in sharing the success stories of the schools through their social media channels as well as on-air.

## Congratulations to the following award winners:

**Cornucopia Winner** recognizing the school that raises the overall largest amount of food and money, Doherty High School- 465,594 pounds collected.

**Giving Goblet** recognizing the school with the largest percentage of increase over 2013 is Pinon Valley Elementary – 990.07% increase over last year.

**Grade Level Winners** recognizes elementary, middle, high school, charters and/or private school overall winners:

Scott Elementary - 92,295 pounds  
Timberview Middle School - 41,480 pounds  
Cheyenne Mountain High School - 181,554 pounds  
Falcon Virtual Academy - 7,905 pounds

**You made this happen** - we look forward to collaborating in such a meaningful way again in November 2015!



Care and Share  
Harvest of Love Food Drive  
\$1-20 pounds of food  
Date: November 3-23  
11-3-11 through  
11-21-11

**Most Needed items:**  
soup  
tuna  
pasta/butter  
cereal  
oatmeal  
mac n' cheese  
canned fruit

**Our Goal?**  
1,600 pounds

**HELP US OUT!**

2 4 6 8  
Don't turn in the food late  
We go bad and then proud! don't be selfish and let's go go boom boom!

## Are you a Business Champion?

Donations from businesses for general support are vital to our effort to feed our neighbors at risk of hunger. Becoming a Business Champion provides a quality venue for your business to be recognized for the work you do, as well as for your generous support of people living with food insecurity throughout Southern Colorado. Opportunities range in cost from \$500 for our Pallet Partner program to \$15,000 to become a Sunrise to Sunset supporter and help us operate our business for a day. All support opportunities come with a wide array of benefits for your organization. To see a complete list of Business Champions, and the various giving levels and benefits, please visit <http://careandshare.org>>Get Involved>Business Champions.

Many thanks to these fantastic Business Champions who are ensuring that families, children, the elderly, and others have enough food to eat because no one should go hungry!

### Sunrise to Sunset Supporter (\$15,000+)

Rocky Top Solid Waste Management  
CraftWorks Foundation

### After School Heroes (\$6,000 to \$14,999)

Red Rock Church  
Spectrum AMT  
Woodford Manufacturing Charities, Inc.

For more information about how you too can become a Business Champion, please contact Stacy Poore at [stacy@careandshare.org](mailto:stacy@careandshare.org) or 719-434-4679.

## Create a Hunger-Free Southern Colorado through a Charitable Bequest

Through your donations to Care and Share Food Bank for Southern Colorado, you're making a difference in the fight against hunger today. Did you know that you can help people facing hunger tomorrow by leaving a bequest to Care and Share Food Bank in your will?

### The benefits are far-reaching.

Your bequest to Care and Share Food Bank for Southern Colorado will support programs that reach men, women, and children at risk of hunger. Plus, you may be able to exclude some of your estate or inheritance taxes. Speak to your attorney or financial advisor to learn how a bequest to Care and Share can positively impact your estate.

Please call Stacy Poore, 719-434-4679 or you may email us at [development@careandshare.org](mailto:development@careandshare.org)



## Feed Our Neighbors Circle: Fight Hunger Year-Round

One of the easiest and most effective ways to support Care and Share is by joining the **Feed Our Neighbors Circle**, our recurring monthly donor program.

We're looking for 50 households willing to start at \$50 per month to join this dedicated group. Our members generously give each month to sustain several distinct programs that provide food to those in need throughout Southern Colorado. To learn more of our programs, visit: [www.careandshare.org](http://www.careandshare.org).

Every day, more than 171,000 Southern Colorado children, individuals, seniors and families are at risk of hunger. Your support will provide access to food and offer hope for families like Lesly's.

*As a stay-at-home mom, Lesly has cooking and grocery shopping down to a science. Though her husband works full time in construction, the family has to budget very carefully – and even when they do, it's hard to make ends meet. Lesly's priority is making sure everyone gets three healthy meals a day, even if that means they have to skimp in other areas.*

**Get Started! You can join by establishing recurring monthly or quarterly gifts at [www.careandshare.org](http://www.careandshare.org)! If you prefer to enroll by email or phone, or for more information, contact Allan Siracusa at [allan@careandshare.org](mailto:allan@careandshare.org) or 719-434-4680.**



## Thanks to our Funders!

At Care and Share, we believe that no one should go hungry. We would like to thank the following grant makers who share this belief and recognize the mutually beneficial partnership of strengthening programs, services and partner relationships to achieve success in ensuring that our neighbors in need have access to enough healthy and nutritious food to thrive. **THANK YOU for your support!**

### October Grant Makers

CraftWorks Foundation  
LexisNexis  
T. Rowe Price Foundation  
Union Pacific Foundation

### November Grant Makers

Boettcher Foundation  
David and Lucile Packard Foundation  
El Pomar's Anna Keesling Ackerman Fund  
Inasmuch Foundation  
Lyda Hill Foundation  
Mabel Horrigan Foundation  
Rotary Club of North Colorado Springs  
Virginia W. Hill Foundation

**To learn more or to make a donation to Care and Share Food Bank visit [www.careandshare.org](http://www.careandshare.org)**

## CONTACT US

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