



# EXPIRATION DATES

Based on USDA, FDA and additional sources.

<b>TYPE OF PRODUCT</b>	<b>EXPIRES</b>
Beans	2 years
<b>Baby food, soy products, milk substitutes</b>	<b>Cannot be past date</b>
Boxed meals, Powdered Drinks (milk, kool aid, etc.)	2 years
Canned goods, high acid (juices, fruit, pickles, sauerkraut, tomatoes, foods in vinegar-based sauce)	1 year <i>No date – toss</i>
Canned goods, low acid (such as meat, poultry, fish, gravy, stew, soups, beans, carrots, corn, pasta, peas, potatoes, spinach)	5 years <i>No date – keep</i>
Cereal	1 year
Dairy	7-10 days
Eggs	3-5 weeks
Juices, shelf stable (pouches, boxes)	4-6 months
Meats, frozen <i>*no freezer burn or ice crystals or broken packaging</i> whole (chicken, turkey)	12 months
Meats, frozen <i>*no freezer burn or ice crystals or broken packaging</i> meats parts (chicken breast, pork tenderloin)	3-4 months
Peanut butter, jelly, gravy, sauces, carton soup/broth, oils, salad dressing, mayonnaise	1 year
Produce, cut, packaged	3-5 days
Rice/pasta	1 year
Snacks, dry (crackers, chips, cookies, nuts, popcorn, etc.)	6 months - 1 year
Water, drinks (drink mixes, soda, tea)	2 years

## HAVE A SMART PHONE?

**Download the usda foodkeeper app to check expirations for specific items.**